



Mental Health Research Powered By People

GlobalMinds is one of the biggest and most detailed mental health studies in the world.

It's a three-year research programme that will improve the lives of people diagnosed with depression, schizophrenia and bipolar and related mental health conditions.

How does it work?

GlobalMinds is working with NHS organisations across England and Wales, and other partners globally, to recruit 50,000 people with these conditions to help create a unique digital library of data that includes their health record information and their DNA.This will build the world's most detailed mental health dataset.

What will it achieve for mental health?

The dataset will help researchers find sub-groups of illnesses and then speed up the discovery of new treatments that might work much better for an individual's needs. It will also help identify groups of people more likely to respond better to different treatments. This is precision medicine.

With your help, GlobalMinds will transform research into mental health conditions and support discoveries to find the right treatment for the right patient at the right time.

How can you find out more?

We would love to talk to organisations who support people and communities with mental health conditions, directly or indirectly, to help us tackle the global mental health crisis. If your organisation would like to collaborate on the programme or register for updates, please contact the GlobalMinds team direct: globalminds@akriviahealth.com

Who else is involved?

GlobaMinds is run by mental health research specialists Akrivia Health, in partnership with leading academics at Cardiff University. The study is funded by the Wellcome Trust and *Johnson and Johnson, and supported by the National Institute for Health and Care Research (NIHR).

Join GlobalMinds and help change lives affected by mental health.





Why do we need GlobalMinds?

One out of every two people in the world will develop a mental health disorder in their lifetime 2m+

Over 2 million people are on waiting lists for NHS mental health support in England alone.

£**300bn**

The cost of poor mental health is calculated at over £300 billion a year in England.

50%

50% of current mental health treatments don't work and some can cause severe side effects for patients.

Who can take part and how?

Anyone who has a current or historic diagnosis of schizophrenia, bipolar, major depression, or a related condition, in an area where their local NHS Trust is collaborating with GlobalMinds, can take part.

The study also includes patients with dementia who will be asked to take part directly by the NHS.

Taking part is quick, easy and accessible: Step One:

Participants will have a quick eligibility check & consent to have their medical records made available to the study, they will take part in a short online questionnaire.

Step Two:

They will choose to provide either a saliva or blood sample.

** Anyone who takes and provides a usable sample will receive a thank you gift voucher and their data will be stored and handled securely, in line with data protection laws.

All personally identifiable data, like name and contact details, will be removed from any information that is accessed by approved researchers who request to use the dataset created by GlobalMinds.